

**Parkway Fun Run Series When/Where:** The Parkway community is holding the third annual Fun Run Series to promote physical activity & family fun! Participate in one or all four of the fun runs. Complete the series and earn a fun run glow in the dark shirt.

- Sat. 8/19 Pancake Run- at Parkway Central High run any distance on the track or band field (directly behind stadium) and have Chris Cakes pancake, sausage, and Tang breakfast. Run starts at 8:30am with breakfast being served from 8:30-10:30am
- **Tues. 9/5 Glow Run- at Parkway Central High -** run any distance on the track while having fun with assorted glow sticks, bracelets, or necklaces and music. One glow item provided with each registration. Run takes place from 8-9pm
- Sat. 10/21 Costume Run at Parkway West High School Track Timed 2 mile run between the high school track and attached subdivision in a school code approved costume; best costume prizes awarded to ages/grade levels PreK-2nd grade, 3rd grade-5th grade, 6th grade-8th grade, 9th grade-12th grade, and adult. Run starts at 8:30am and costume contest begins at 9:15am . Prizes awarded at 9:30am (Run before or after costume contest run ends at 10am). Costume/attendance prizes will be drawn and awarded; must be present to win. One of our sponsors, Smoothie King, will also be serving free smoothies to paid participants at the finish line! Run takes place from 8:30-10am
- Sat. 11/4 Turkey Run-at Parkway North High- 2 mile timed run (Grades 9-Adult); 1 mile (grades 5-8); 1/2 mile (grades 3-4) and 1/4 mile (K-2) on Whispering Hills to Ross and back, Frozen Turkey prizes to age group winners! Staggered start times beginning at 8am. Awards immediately following event. Park in back corner or parking lot near tennis courts to access run route.

**Cost:** \$35 per person for the series-includes entry to all 4 runs and short sleeve glow in the dark shirt or \$15 per person per race (no shirt included). **Pre-registration for series through 8/19 ONLY to guarantee shirt; payment must be received at the first race.** Pre-registration is recommended for single runs, however there will be a registration table at each race if you decide you want to join the fun. **PARKWAY EMPLOYEE DISCOUNT:** \$10 PER RACE OR \$25 FOR SERIES

## Register online at:

http://tinyurl.com/2017ParkwayFunRunSeries





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Parkway Fun Run Series Registration Form
One Registration per person. Please print and fill out one per person or register online at: <u>http://tinyurl.com/2017ParkwayFunRunSeries</u> (and pay at the race)
(and pay at the race) Last Name:First Name: School:Grade:Parent/Guardian Name:
School: Grade: Parent/Guardian Name:
Address:
Address: Phone:Email:
Address:

• These events are tobacco and alcohol free events.

Signature:\_